## **Religion 1 Lesson Plan**

# FIRST QUARTER

#### WEEK ONE

#### Day 1

Spend the first day looking over the religion materials: *Religion 1 for Young Catholics* and the five supplementary books. In *Jesus and I*, read the Teacher's Introduction and the Student's Note. *Jesus and I* contains the basic prayers at the front and the Catechism questions in the back.

The other books are supplements, which we will incorporate into the lessons at the appropriate time.

We encourage you to use other materials, even videos, and to present the information in your own words. Remember that you know your child's life experiences, and you will be able to present a concept in a meaningful way.

In *Religion 1 for Young Catholics*, which we have written for our Catholic homeschooling families, the suggested week and day for the page to be read and studied is noted in a circle at the top.

Read and explain to your child God Our Father and His attributes,

Lesson 1-1, that is, Week 1, Day 1.

#### Day 2

Read and explain God Our Father, Lesson 1-2. In *Jesus and I*, read pp. 9 and 10. Discuss the questions on pp. 10 and 11.

Most children in Seton know the prayers at the front of the *Religion 1* book. Nevertheless, have your child repeat them after you slowly to be sure that the pronunciation and the meaning are understood. The prayers are to be said daily, both in class time as well as in the evening at bedtime and/or in the morning. *Jesus and I* also contains these prayers, pp. 1 to 5.

Prayer is essential to the Catholic life. The best way for children to learn to pray is to pray with parents and the other members of the family. "The family that prays together stays together," and in these difficult times, it appears to be proven true repeatedly.

Discuss the meaning of the Sign of the Cross and the Glory Be to the Father prayers. These prayers are an act of faith in the Most Holy Trinity.

#### Day 3

Read and explain God Our Father, lesson 1-3. In *Jesus and I*, read pp. 12 and 13. Discuss the questions on pp. 13 and 14.

#### Day 4

Review the lessons for the week. Assign memory work: the questions and answers for God Our Father, lesson 1-4.

If you wish to give a lesson grade, we suggest that you base it on the memory work.

Be sure your child knows and understands The Our Father. Please help your child learn this basic prayer so it can be said every day, both morning and evening, and with the daily Rosary.



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You might want to discuss Labor Day and the fact that God expects us to work according to our daily duty. Explain that St. Joseph was a carpenter and worked for his family, and that we celebrate the feast of St. Joseph the Worker.

Remind your child that September 8 is the feast of the Nativity of the Blessed Mother. If you have a prayer book with feast days, read some of these prayers for the feast days. The Daughters of St. Paul bookstores and TAN publishers sell books that contain these prayers.

#### **WEEK TWO**

#### Day 1

God and Creation. Read and explain lesson 2-1.

Have your child write out the word *Creator*. Explain that there is only One Creator, and that is God.

This week, explain the meaning of the Lord's Prayer. Sometimes children say the prayer quickly and do not know what they are saying. Please help your child to understand the prayer as well as to memorize it.

#### Day 2

God and Creation. Read and explain lesson 2-2.

#### Day 3

God and Creation. Read and explain lesson 2-3.

These are the words from the Bible, Douay-Rheims version. Your child might have some difficulty, so please explain it if necessary. Take out your own family Bible and read the story to your child from that. Instill in your child a deep respect for the words in the Holy Bible, and for the Bible itself. Look on our website for children's Bible story books.

### Day 4

God and Creation, lesson 2-4. Assign for memory work the questions and answers.

The Holy Name of Jesus is a feast this week. Emphasize that in the Old Testament time, God's name was so holy that people would not say His name aloud. The Bible says that every knee should bend at the name of God. Today, the Church asks that we bow our heads every time we say the Holy Name of Jesus. TAN publisher prints a little pamphlet called "The Wonders of the Holy Name," by Father Paul O' Sullivan, for about \$1.50. It lists many miracles that happened because people called on the holy name of Jesus.

September 12 is the feast of the Holy Name of Mary. September 14 is the feast of the Exaltation of the Holy Cross. September 15 is the feast of Our Lady of Sorrows; special indulgences are granted to those who pray in front of a picture of Our Lady of Sorrows.

#### **WEEK THREE**

#### Day 1

The Angels. Read and explain lesson 3-1.

Read about the angels in *Jesus and I*, pp. 15 and 16. Discuss the questions on pp. 16 to 18.

Explain the meaning of Prayer to my Guardian Angel, in the front of the text.