

Mass and the Sacraments

SETON HOME STUDY SCHOOL

Lesson Plan • Answer Keys • Tests • Quarter Report Forms





MASS AND THE SACRAMENTS TABLE OF CONTENTS



| Introduction | 5 |
|---|------|
| Lesson Plan | |
| First Quarter | 9 |
| Second Quarter | 19 |
| Chapter Quizzes | 31 |
| Answer Key for Chapter Quizzes | 47 |
| Quarter Tests and Quarter Report Forms are after the Answer l | Key. |

Revised February 2021

Outer Cover: *The Visitation*, by Heinrich Maria von Hess Inner Cover: *Christ with the Eucharist*, by Juan de Juanes



MASS AND THE SACRAMENTS LESSON PLAN



WEEK SEVEN

Day 1

Read, then outline "The Celebration of Mass," pp. 33-34. (TAN: 66-67)

In today's reading, Fr. Laux mentions that Mass may be offered anytime between dawn and midday. This discipline was changed by Pope Pius XII who allowed for Masses after midday.

Day 2

Read, then outline "Assisting at Mass," pp. 34-36 (TAN: 68-71).

NOTE: "Assisting at Mass" means that all those who attend the Holy Sacrifice of the Mass unite their prayers with those of the priest.

Day 3

Read, then outline pp. 36-37 (*TAN: 71-73*). Try to memorize some of the parts of the rite that your family attends. (As noted earlier in the lesson plan, the rite of Mass described in Fr. Laux's book is the Traditional Latin Mass, or Tridentine Mass. Thus, mentions of the Latin language, the prayers, and the rubrics, will correspond to this form of the Mass.)

Day 4

Read, then outline "The Language of the Mass," pp. 37-38. (TAN: 73-74)

Day 5

Read, then outline "Some Notes on the Liturgy of the Mass," numbers 1-10, pp. 38-40. (TAN: 74-77)

WEEK EIGHT

Day 1

Continue reading, studying "Some Notes on the Liturgy of the Mass," numbers 11-23, pp. 40-41 (TAN: 77-80). Fr. Laux indicates that no changes have been made to the Canon of the Tridentine Mass since the time of Pope Gregory the Great. On December 8, 1962, Pope John XXIII added the name of St. Joseph to the text of the Communicantes within Canon of the Mass.

Day 2

Continue reading, studying "Some Notes on the Liturgy of the Mass," numbers 24-31, pp. 41-42 (TAN: 80-83). Read, then outline "Nature and Necessity of Communion," pp. 42-43. (TAN: 83-86)

Day 3

Read, then outline "Dispositions for Receiving Holy Communion" and "Effects of Holy Communion," pp. 44-45. (TAN: 87-90)

Note that the discipline regarding the Eucharistic Fast has undergone significant revision since this textbook was first published. According to Canon 919 of the Code of Canon Law: "A person who is to receive the Most Holy Eucharist is to abstain for at least one hour before holy communion from any food and drink, except for only water and medicine... The elderly, the infirm, and those who care for them can receive the Most Holy Eucharist even if they have eaten something within the preceding hour."

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