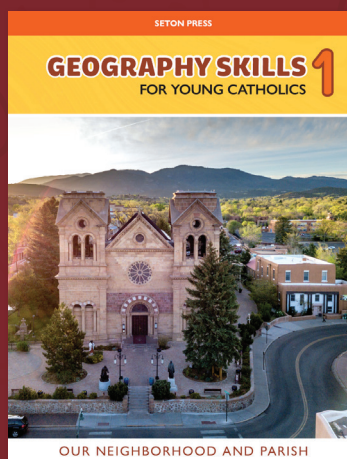
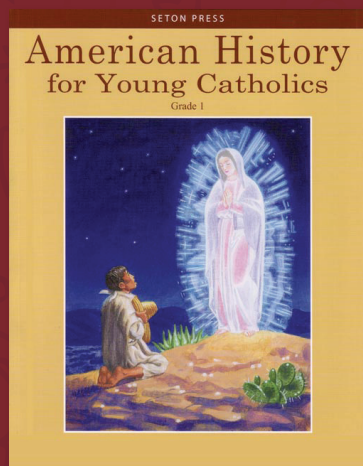




# HISTORY 1

## COURSE MANUAL



LESSON PLANS - ANSWER KEYS - QUARTER REPORT FORMS

## Lesson Plan for Enrolled Students

Executive Editor: Dr. Mary Kay Clark

Editors: Seton Staff

Revised April 2022

Front Cover: *Let the Little Children Come to Me*, Anonymous

Unless otherwise noted, images used throughout this Course Manual are produced by Seton staff, are in the public domain, or have been licensed through Adobe Stock.

**This Course Manual is the property of Seton Home Study School and must be returned to Seton when the course has been completed.**

We encourage you, however, to write in this Course Manual, or highlight in it to mark student progress.

For more information, visit: [\*\*setonhome.org/return-lp\*\*](https://setonhome.org/return-lp)

© 2022 **SETON HOME STUDY SCHOOL** ALL RIGHTS RESERVED

**Phone:** (540) 636-9990

**E-mail:** [counselors@setonhome.org](mailto:counselors@setonhome.org)

**Web:** [www.setonhome.org](http://www.setonhome.org)

No material in this lesson plan may be reproduced in any form without written permission from:

**Seton Home Study School**

1350 Progress Drive, Front Royal, VA 22630

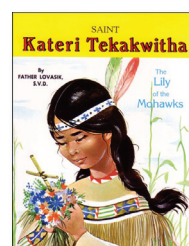
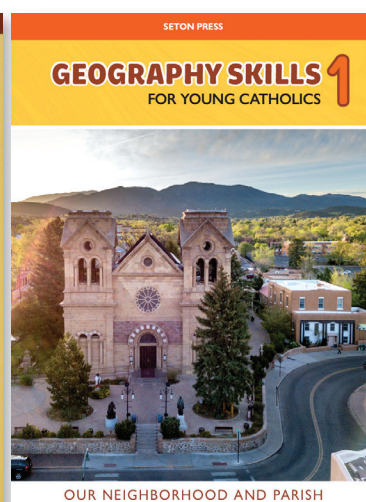
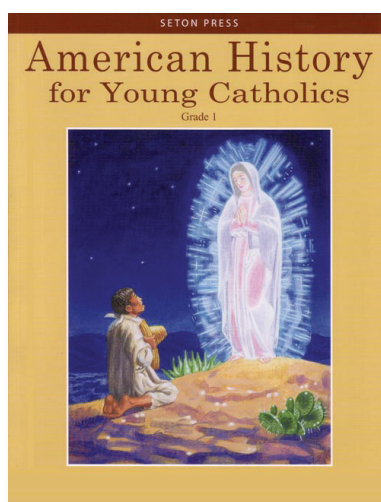


# TABLE OF CONTENTS

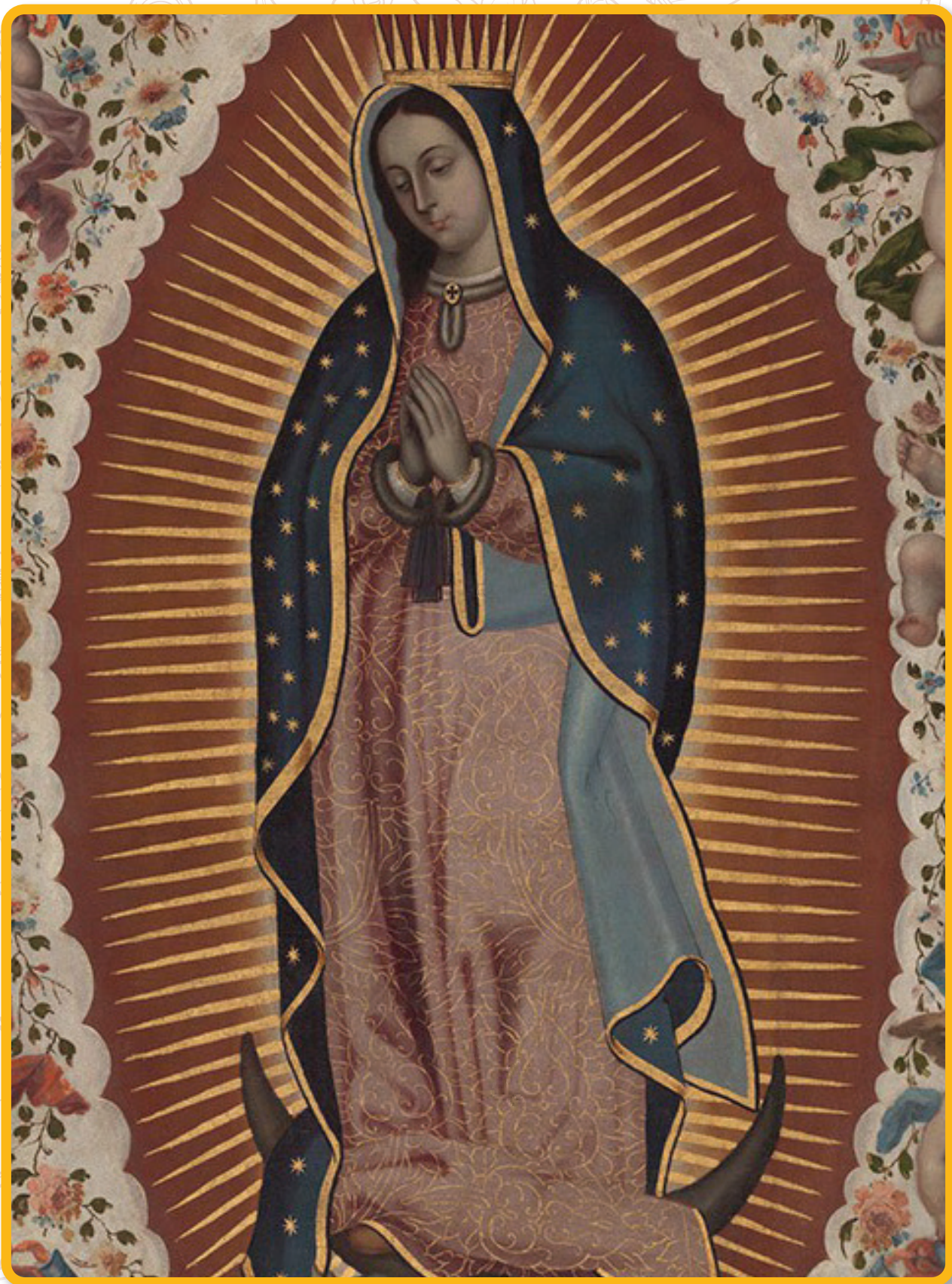
<b>I. Introduction</b>	2
<b>II. Lesson Plan</b>	
A. First Quarter	3
B. Second Quarter	12
C. Third Quarter	18
D. Fourth Quarter	26
<b>III. Answer Keys</b>	35
<b>IV. Quarter Report Forms</b>	39

## Course Materials

- *American History for Young Catholics, Grade 1*
- *Geography Skills 1 for Young Catholics: Our Neighborhood and Parish*
- *Saint Elizabeth Ann Seton*
- *Saint Kateri Tekakwitha*







FIRST QUARTER

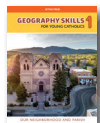




# HISTORY 1 LESSON PLAN

## Week One

You can check off work  
as you complete it!



### Geography Skills 1: Assign Lesson 1: What is a Map?

☐

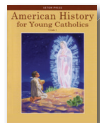
Notice the topics in the table of contents.



### Optional Enrichment Ideas

☐

Help your student make a simple map of one of the rooms in your home. Dining rooms are often easiest as they typically contain fewer pieces of furniture, but any room will do. With a pencil, draw a rectangle to represent walls. Erase areas where there are doors or openings to another room. Ask the child to pretend he is sitting on the ceiling, and draw simple shapes where he sees pieces of furniture. A dining room table or a china cabinet might be a rectangle. Ask the child to count the chairs on each side of the table and add “(“ shapes to represent chairs.



### American History for Young Catholics, Grade 1 (American History 1): Read and discuss: Lesson 1: Voyages of Discovery.

☐

Review the book with your student. Discuss the cover, the title page, the back of the title page, the dedication, the pictures, and the table of contents with your child. Explain the meaning and usefulness of a table of contents.



### Discussion Questions: Discuss the following questions with your student.

☐

1. What were the Crusades?
2. What holy city was under the control of the Moslems?
3. What were the areas of the Far East?
4. What did the Christian soldiers find in the Far East which they could sell back home in Europe?
5. Who ran a school in Portugal for sailors?
6. What were the two important instruments used by sailors at that time?
7. Who was the first person to sail around the tip of Africa?
8. Can you locate the Cape of Good Hope on a modern-day map?
9. What country were the sailors trying to reach in order to buy goods?
10. How do we describe the explorers who were sailing out into the unknown areas of the ocean?

# HISTORY 1 LESSON PLAN

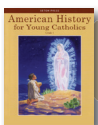


## Optional Enrichment Ideas



**Parent:** Discuss the details of the illustrations and pictures. You might want to search on the Internet for more information on Prince Henry the Navigator and Bartholomew Diaz. Secular sites on the Crusades tend to be anti-Catholic. Look for information or sites about the armor of the crusaders, or medieval castles.

If you wish to teach your child about earlier explorations, obtain books or look through the encyclopedia or Internet for information about the Vikings and St. Brendan. Look for images or videos for children on the Internet about the Vikings and Prince Henry.



## American History 1: Lesson 2: Columbus Discovers America. Read and discuss lesson.



Emphasize the importance of the Catholic priest, the Catholic King Ferdinand and Queen Isabella. Christopher Columbus brought priests with him in the ships. They prayed every day for their safe journey.



## Discussion Questions: Discuss the following questions with your student.



1. Do you think that Christopher Columbus knew that the Earth is round?
2. Where did Columbus study?
3. How many kings refused to help Columbus?
4. What were the names of the king and queen who agreed to help Columbus?
5. What were the names of Columbus' three ships?
6. Why did Columbus call the people on San Salvador "Indians"?







# HISTORY 1 LESSON PLAN



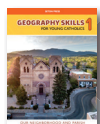
## Optional Enrichment Ideas



**Parent:** Find an easy-to-read book on Christopher Columbus. Look for some picture books of ships of that era. Your child might like to try drawing one of the ships that sailed to America. On a map or globe, trace the route explorers took, and the route Columbus intended to take to reach India. Show where Columbus landed. Seton sells an animated video about Christopher Columbus, which you can order from the Seton Book Catalog Department, the SEM or Seton Educational Media department. Call 540-636-9996; or order online at [www.setonhome.org](http://www.setonhome.org), click on Book Catalog; or email at [sem@setonhome.org](mailto:sem@setonhome.org).

Look on the Internet for videos about Columbus or his ships.

## Week Three



## Geography Skills 1: Assign Lesson 2: What Is a Map Key?

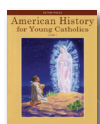


## Optional Enrichment Ideas



Help your student become comfortable with position words: left, right, in front of, behind, on top of, below, across, etc. with a fun game that younger sibs can play too — Simon Says! "Simon Says stand in front of the couch." "Simon Says, stand behind the red chair." Simon says put your right hand on the ottoman. "Put your left hand on your head!" "Oops, Simon didn't say, so you're out!"

Tip: Ask kids to use their right or left hands instead of asking them to stand in a right or left position. That can be confusing if you are facing them. If your student struggles with left vs. right, play the Hokey Pokey. You can find demonstrations online.



## American History 1: Lesson 3: The Conversion of Mexico. Read and discuss lesson.



## Discussion Questions: Discuss the following questions with your student.



1. Who was the explorer who landed in Mexico in 1519?
2. What were the rulers of Mexico called?
3. What were the Mexican leaders like?
4. Who helped the Spanish to overthrow the rulers?
5. Who came with the Spanish explorers to convert the Indians?
6. Who appeared to Juan Diego?

# HISTORY 1 LESSON PLAN

7. Why did a picture appear on Juan Diego's tilma?
8. Why did the Indians want to be baptized?
9. How many Indians were baptized?
10. What did Our Lady ask Juan Diego and the bishop to do?



## Optional Enrichment Ideas

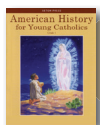


Perhaps your child would like to color the illustration of Our Lady of Guadalupe in Lesson 3. Show your child pictures of the famous image of Our Lady of Guadalupe, still preserved after hundreds of years. Tell your child more details about this wonderful story. Children's books as well as Internet sites are available about this apparition. A wonderful addition to your home would be a picture of Our Lady of Guadalupe.

Check the library for picture books on Mexico or on the ancient Aztecs. (Beware of the inaccuracies about Catholic soldiers and priests; the Aztec society was seriously corrupt [murdering their captives by the thousands to their pagan gods] when the Spanish arrived and brought freedom and Christianity. If you wish to research this topic, read *Our Lady of Guadalupe and the Conquest of Darkness* by Dr. Warren H. Carroll.)

Look for pictures of the dress of the period, especially of the Indians like Juan Diego.

Juan Diego was canonized a saint in July, 2002.



**American History 1: Lesson 4: St. Augustine: Oldest City in the U.S. Read and discuss lesson.**



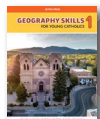


**HISTORY 1 LESSON PLAN****Discussion Questions:** Discuss the following questions with your student. ☐

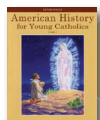
1. Who was the Spanish explorer who first sighted the North American mainland?
2. What did he name the land he sighted?
3. Though the land was claimed for Spain, what other people began to settle in the Spanish territory?
4. In 1565, who was sent by King Philip II of Spain to settle the land?
5. On whose feast day did Don Pedro first sight the land?
6. Who was the Spanish priest who came to the new land with the Spanish settlers?
7. Who imitated the Spanish settlers?
8. Whom did the Spanish want to convert to the Catholic Faith?
9. What was it the Spanish priest wanted to introduce into this country?
10. What statue can we still see today in St. Augustine?

**Optional Enrichment Ideas** ☐

Look for library books, Internet sites, online videos, and Catholic encyclopedia articles about Florida, Juan Ponce de Leon, and the history of Florida. Also look for information about St. Augustine, Father Francisco, and Don Pedro. Look for pictures of Spanish explorers.

**Week Five****Geography Skills 1:** Assign Lesson 3: A Backyard Map ☐**Optional Enrichment Ideas** ☐

Help your student draw a map of his bedroom using rectangles to indicate beds, dressers, and bookshelves. At the bottom, make a map key. Write the names of each piece of furniture, followed by a blank rectangle. Ask the student to choose a color to represent each piece of furniture, then fill in the blank rectangles, making a “map key.” After the key is complete, the student can color in corresponding shapes on the map.

**American History 1:** Lesson 5: The First Thanksgiving. Read and discuss lesson. ☐

Emphasize how grateful the Pilgrims were to God. Discuss the photographs and illustrations.