ART 1

FOR YOUNG CATHOLICS



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HOW TO USE THIS BOOK

At the beginning of this book there is a Contents page indicating which holy days are included in this book and on which page each project can be found. Each activity begins by indicating what is being celebrated and is followed by a related paragraph. Parents should read through the paragraph preceding the steps once to themselves and decide if they want to read all or part of the paragraph to their child. Sometimes the paragraph itself recommends a particular story to be read to your child either before or after the project is finished. The paragraphs vary as to their audience. Some are for the benefit of the parent in regard to directing his or her child, and others are simple enough to be read directly to the child.

Following the short paragraph are the pattern numbers. The first part of this book contains the directions for each project beginning with page number "1." The second part of this book contains the patterns used for each activity beginning with pattern "#1-1." This book is designed so that the original patterns in the book can be cut directly from the book.

After the pattern number, all the materials needed for the activity at hand are listed. Almost all of the materials needed to complete the projects can be found at any craft or office supply store. If you cannot find the particular brand, ask the store workers if they have a substitute. When construction paper is listed as "1 piece of (color) construction paper," it is meant that the size should be the standard size of 9" x 12". Construction paper can usually be found in a pack of mixed colors.

This book has been directed toward children in the first grade. However, one may use this book for younger or older children if you believe that they might enjoy some of the projects it contains. Enjoy!



CELEBRATE – THE DAYS OF ADVENT

Advent is a time of prayer and fasting in preparation for Christmas. It begins four Sundays before Christ's birthday, the 25th of December. This Advent Angel helps us "count down" the days to Christmas. Let this be a time that we offer up gifts of love, good deeds, prayers, and sacrifices to the Infant Jesus.

PATTERNS: #1-1 and #1-2

MATERIALS

1 copy of pattern pieces crayons or markers white poster board glue stick 25 cotton balls gold and silver glitter tape, Elmer's glue, and scissors



STEPS

- 1. Color the pattern pieces. Use several colors on the sections of the wings, such as yellow, green, and blue.
- 2. Roughly cut out the pattern pieces: angel, wings, stand, and cloud. Leave about ½-inch white border outside each figure.
- 3. Using a glue stick, glue pattern pieces to poster board.
- 4. Carefully recut pieces close to their edges.
- 5. Draw a thin outline of Elmer's glue on wings and halo. Add gold glitter. Remove excess glitter.
- 6. Draw a thin outline of Elmer's glue on outer edge of cloud. Add silver glitter. Remove excess.
- 7. When glue and glitter are dry, tape wings to back of angel.
- 8. Fold stand along dotted line. Tape stand to back of angel. Be sure bottom of stand is flush with bottom of angel.
- 9. Place angel in center of cloud. Tape bottom of stand to the cloud so that angel stands securely on cloud.
- 10. Glue a cotton ball on the cloud each day to count down to the Birthday of Jesus!



CELEBRATE - December, BEFORE CHRIST'S BIRTHDAY

We celebrate Christ's birthday on December 25th. Many homes have the tradition of giving gifts to their loved ones on this Feast of the Nativity. When we think of the birth of Jesus in the manger in such simple circumstances, we are moved with a great love for our Savior Who chose to come to us in such a humble way. The following activity gives the whole family an opportunity to offer personal gifts to Our Lord for His birthday.

PATTERNS: #2

MATERIALS

1 copy of pattern of Jesus in the manger crayons and glitter 1 sheet of construction paper (a light color) 1 sheet of regular white paper per family member markers and scissors Elmer's glue and tape



STEPS

- 1. Color the picture of Jesus in the manger and glitter the halo and parts you want to accent.
- 2. Cut out the picture and mount it in the center of the large piece of construction paper.
- 3. Give each family member a piece of white paper to draw his gift. Use markers and crayons to make the pieces.
 - (Children draw a variety of things according to their ages, such as, toys, baby food, bowl and spoon, blankets, booties, baby clothes, bonnet, treats, Mary, Joseph, angels, the manger scene animals, and boxed gifts that hold a secret gift. Be creative!)
- 4. When the child has finished the drawing, have him cut out each piece and place all of them in an envelope marked "Gifts for Baby Jesus."
- 5. Choose a prominent spot to tape the paper with Baby Jesus and place the envelope near the picture. Keep a glue stick with it to attach gifts.
- 6. Tell the children that to attach a gift to the manger paper, they must say a prayer or do a good work because these are the gifts that Jesus will actually receive with great love.
 - **NOTE:** Your child can also color and cut out the picture of Jesus in the manger and make a red and green paper chain with 25 links. Attach the link chain to the picture, hang it up, and have your child tear off one link each day to count down to Jesus' birthday.



CELEBRATE – February 14, ST. VALENTINE'S DAY

Nowadays, we give cards with hearts as a symbol of our love. Let us give Jesus our heart with acts of love. The activity that follows is a fun way to do just that.

Read the story of Saint Valentine and his great love of God, for which he died a martyr's death. While in prison, St. Valentine wrote letters to his flock, encouraging them to be brave in their faith.

PATTERNS: #11

MATERIALS

1 copy of pattern

1 sheet each of red, white, and pink construction paper pen and thin markers

lace

glitter

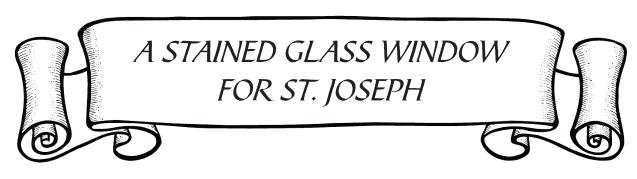
1 brad (thin wire nail with small head)

hole punch

Elmer's glue



- 1. Use 1 piece of pink construction paper (9" × 12"). Write "I give Jesus my heart" across the top of the paper.
- 2. Using the heart pattern, trace the two half heart pieces on one sheet of red paper.
- 3. Decorate the heart pieces. Begin by writing your name on the heart halves.
- 4. Use the hole punch to make a hole in the top of each heart.
- 5. Push the brad through the top of the heart halves and through the pink sheet of paper (be sure to center it at the top of your paper).
- 6. Cut pattern out and trace onto white construction paper, 6 to 8 small hearts that will fit under the large heart. Write a prayer, good deed, or sacrifice on each of the hearts.
- 7. Glue these hearts under the large heart so that when you open them, your "gifts" will show.
- 8. Now you can carry out your gift offerings to show your love.
- 9. Read the story of St. Valentine from a Book of Saints.



CELEBRATE - March 19, SAINT JOSEPH'S DAY

Today we celebrate the feast day of Saint Joseph, the foster father of Jesus. He is the loving father and protector of the Holy Family. It is he of whom it has been said, "The sound of victory will be heard when the faithful recognize the sanctity of Saint Joseph." Perhaps you would enjoy this prayer to recite as a family.

Prayer to St. Joseph

O Glorious St. Joseph, Spouse of the Immaculate Virgin, obtain for me a pure, humble, and charitable mind, and perfect resignation to the Divine Will. Be my guide, father, and model through life, that I may merit to die as thou didst, in the arms of Jesus and Mary. Help us, St. Joseph, in our earthly strife, ever to lead a pure, blameless life.

PATTERNS: #15-1 and #15-2

MATERIALS

1 copy of each pattern
1 sheet of black construction paper
colored pencils or crayons
Elmer's glue, scissors and tape
1 sheet of brightly colored tissue paper

STEPS

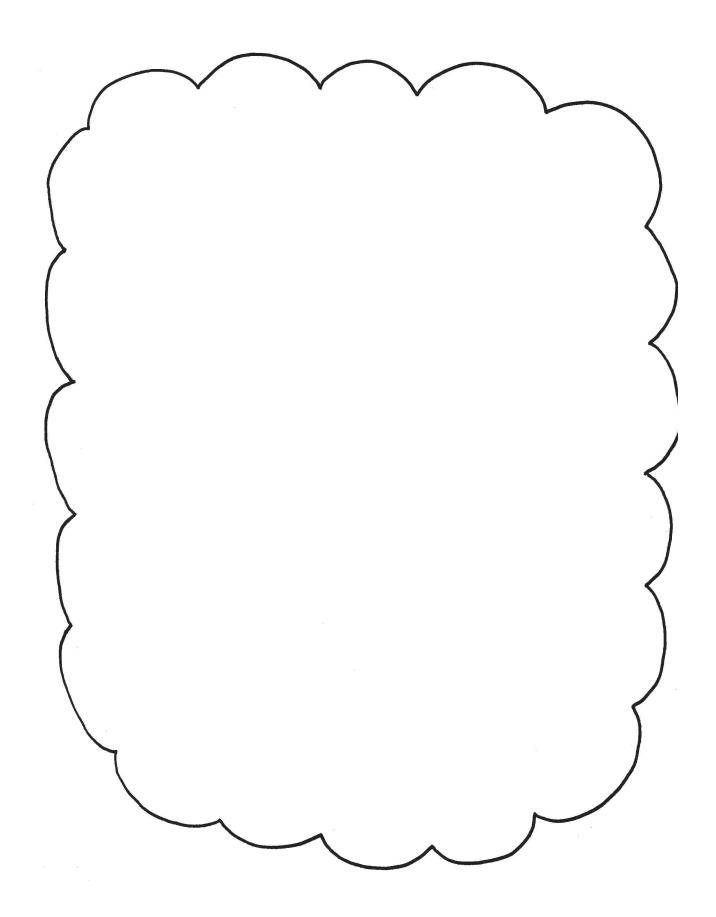
- 1. Color and cut out pattern of Saint Joseph.
- 2. Cut out stained-glass window pattern, including the small shapes along the edges.
- 3. Trace window shape and small shapes onto black construction paper. Cut out window.
- 4. Cut out small shapes along edge to give a stained-glass window effect.

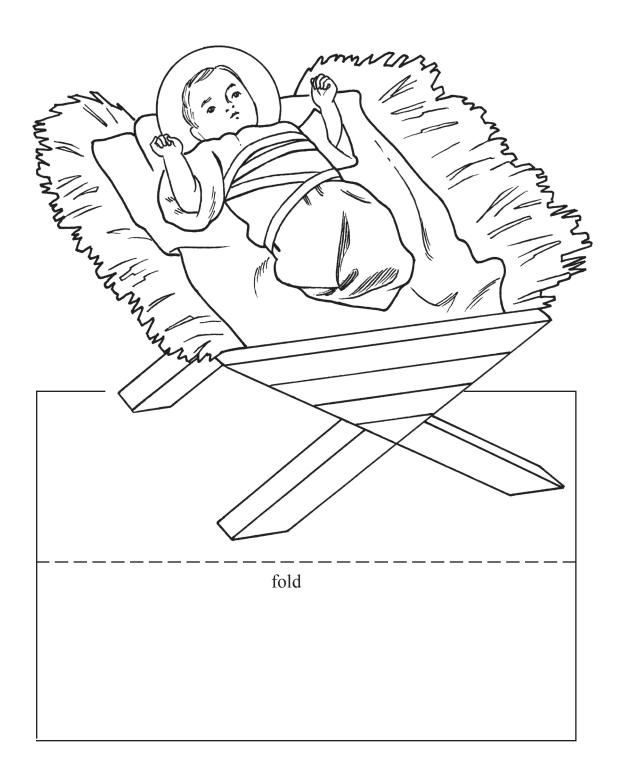
Parent: You may need to cut the small shapes out yourself.

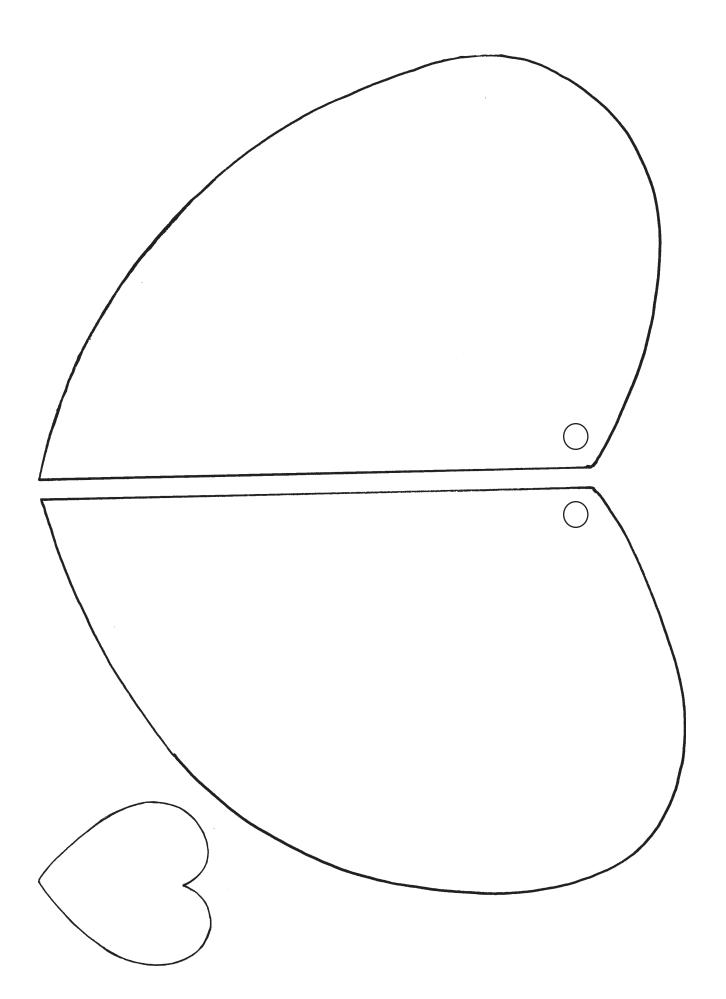
- 5. Glue a different color of tissue paper behind each hole.
- 6. Glue the picture of Saint Joseph in the center of the window.
- 7. Tape your stained glass window to a real window. Watch the sun through your art work.













Cathedral of Santa Maria of Palma Palma, Majorca, Spain

Art 1 for Young Catholics Helps Children

- Think about the meaning of various feast days
- Use arts and crafts activities to celebrate feasts

Each Book in Seton's Art for Young Catholics Series

- Teaches an understanding of various feast days
- \bullet Emphasizes the meaning of holy days through art
- \bullet Deepens knowledge about events in the life of Jesus





