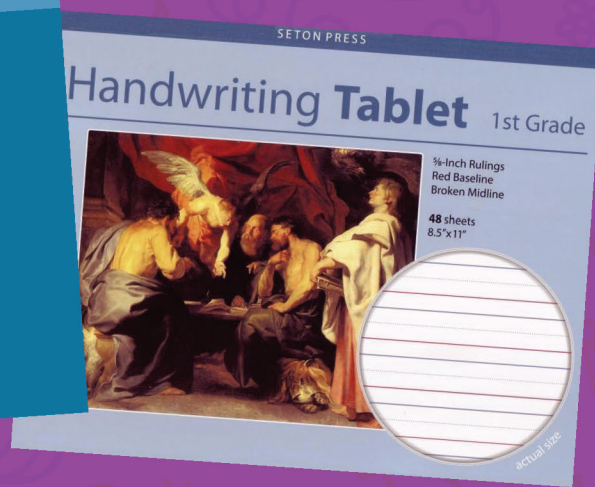
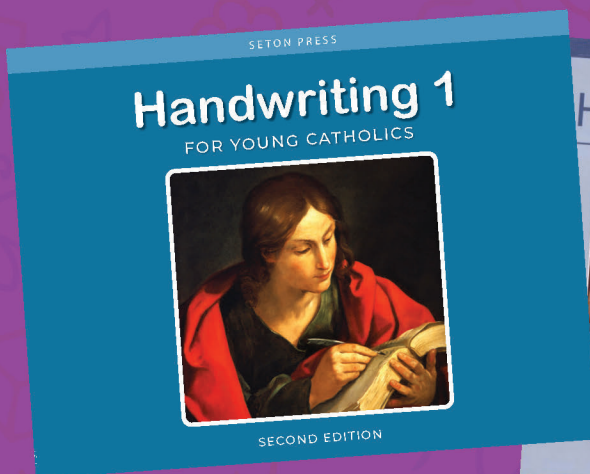




# HANDWRITING 1

## COURSE MANUAL



LESSON PLANS - QUARTER REPORT FORMS

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**Quarter Report Forms are located at the end of this Course Manual.**

## Course Materials

*Handwriting 1 for Young Catholics* (2nd Edition)

*Handwriting Tablet, 1st Grade* (5/8-Inch Ruled)





Infant Jesus of Prague



**FIRST QUARTER**

**HANDWRITING 1 LESSON PLAN**

In the First and Second Quarters, the 26 letters will be studied in alphabetical order. Then, the numerals 1 through 10 will be presented.

**Week One****Unit 1: Letters of the Alphabet****Day 1**

You can check off work  
as you complete it!



**Skim through the book.** Read Welcome to Handwriting 1 on p. vii, Pointers for Parents/Teachers on p. viii, and Heavenly Writing on p. ix.

In the lessons, notice that the letters are gray rather than black. Gray letters make it easier for the child to see his own tracing over the letters. When a lesson has religious art on a page, we encourage you to talk with your child about the content of the art.

**THE ALPHABET**

**Look at the letters of the alphabet and some numerals** on pages 2 and 3. As your child looks at the pages, point out the uppercase and lowercase letters.



**Suggestion:** Sing the "ABC Song" to review the alphabet.

**Day 2**

Look at the letters of the alphabet on pages 2 and 3. **If your child knows the beginning letter of his first name, ask him to point to it among the letters.** If he does not know the beginning letter, tell him the letter and point to it among the uppercase letters. Do the same for the first letter of his last name.

**Day 3**

**Teach recognition of the lowercase letters** on page 3. Most words use lowercase letters.

In *Handwriting K for Young Catholics*, the student studied the formation of the lowercase letters of the alphabet. The lowercase letters will be studied in this course too.



# HANDWRITING 1 LESSON PLAN

## Day 4



Look over the lowercase and uppercase letters on page 3. Sometimes, uppercase letters are called capital letters. Explain that special words, such as your child's name, begin with the uppercase letters.



On a wipe board or a piece of paper, print your child's first and last names using the style of print presented on pages 2 and 3. Then **ask your child to trace over the uppercase letters in his name with his finger or a pencil**. Your child will practice printing his name at the top of many pages in *Handwriting 1 for Young Catholics* (Second Edition).

## Day 5



Use this day to **review** as needed.

## Week Two

**For pages 5 – 94, we recommend the following process for teaching each letter and numeral.**

### HOW TO INTRODUCE THE FORMATION OF LETTERS AND NUMERALS

There are two boxes at the top of a page. The gold box displays the letter or numeral with directional arrows. The second shaded box has the instructions for the strokes used to form the letter or numeral.

- Demonstration:** The **parent/teacher reads the instructions for the strokes out loud while demonstrating** the letter formation with Heavenly Writing, on a wipe board, or on a piece of paper. The child listens and watches. NOTE: For an explanation of Heavenly Writing, see p. ix of the Introduction in *Handwriting 1 for Young Catholics* (Second Edition) or go to the Appendix of this Course Manual.
- Tracing:** As the parent reads each stroke out loud, the **child traces the stroke in the air** with the Heavenly Writing method, then with his index finger **he traces a letter** on the wipe board or on his desk, and finally, with his pencil **he traces the letter on paper**. This gradual process moves the formation of the letter from a large letter in the air, down to a letter on a board, and then to the 5/8 inch line on the paper. The parent repeats the stroke instructions two more times as the child traces the letter two more times. Tracing in a tray of fine sand or salt also helps to “feel” the shape of the letter.
- Strokes:** With the parent assisting as needed, the **child should say the strokes as he traces the letter**. If the child needs to hear the strokes several times as he forms the letter, the parent should provide that support.
- Exercise:** The **student copies/writes** the letters or words.



**Online Resource:** Heavenly Writing demonstration.



**SECOND QUARTER**



## HANDWRITING 1 LESSON PLAN

## Week Ten

## Day 1

## LESSON 33: LETTER Q



**Teach the strokes** in the letter **Q**. Ask your child which letter is similar to the letter **Q**. (Answer: **O**) Say, trace, and copy.



**Compare:** Do your child's letters look like the printed letters? How can his letters be improved?

## Day 2

## LESSON 34: LETTER q



**Teach the strokes** in the letter **q**. The lowercase **q** and the lowercase **g** are very similar, but ask your child how they are different. (Answer: In **g**, the final stroke curves left; in **q**, the final stroke curves right.) Say, trace, and copy.



Remember to say the **prayer** at the bottom of the page.

## Day 3

## LESSON 35: LETTER R



**Teach the strokes** in the letter **R**. Ask your child which letters are similar to the letter **R**. (Answer: **P** and **B**) Say, trace, and copy.



Have your child **compare** his letters with the printed letters.



**Below the picture** on p. 56, ask your child to find the uppercase **R**.

## Day 4

## LESSON 36: LETTER r



**Teach the strokes** in the letter **r**. Point out that the lowercase **r** begins like the lowercase **n**. Say, trace, and copy.



## HANDWRITING 1 LESSON PLAN

## Day 5

Use this day to **review** as needed. Use the handwriting tablet to practice letters. 

## Week Eleven

## Day 1

## LESSON 37: LETTER S

Teach the strokes in the letter **S**. Say, trace, and copy. **Compare:** Do your child's letters look like the printed letters? How can his letters be improved? 

## Day 2

## LESSON 38: LETTER s

Teach the strokes in the letter **s**. This is a small version of the uppercase **S**. Say, trace, and copy. **Below the picture** on p. 61, ask your child to identify the uppercase letters. (Answer: S, H) 

## Day 3

## LESSON 39: LETTER T

Teach the strokes in the letter **T**. Say, trace, and copy. Have your child **compare** his letters with the printed letters. Remember to say the **prayer** at the bottom of the page.



# HANDWRITING 1

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This Course Manual is the property of Seton Home Study School and must be returned to Seton when the course has been completed.

We encourage you, however, to write in this Course Manual, or highlight in it to mark student progress.

For more information, visit:  
[setonhome.org/return-lp](https://setonhome.org/return-lp)

## LIST OF COURSE MATERIALS

- *Handwriting 1 for Young Catholics (2nd Edition)*
- *Handwriting Tablet, 1st Grade (5/8-Inch Ruled)*



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