

SETON PRESS

Jesus and I

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PRAYERS



The Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Prayer to My Guardian Angel

Angel of God, my Guardian dear,
To whom God's love entrusts me here,
Ever this day be at my side,
To light and guard, to rule and guide. Amen.

The Hail Mary

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

The Lord's Prayer

Our Father who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven.

Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

The Confiteor

I confess to almighty God, and to you, my brothers and sisters, that I have sinned through my own fault: in my thoughts and in my words, in what I have done, and in what I have failed to do; and I ask Blessed Mary, ever virgin, all the angels and saints, and you, my brothers and sisters, to pray for me to the Lord our God.

May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life. Amen.

The Apostles' Creed

I believe in God, the Father almighty, Creator of heaven and earth; and in Jesus Christ, his only Son, our Lord; who was conceived by the Holy Spirit; born of the Virgin Mary; suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell; the third day he arose again from the dead; he ascended into heaven, sits at the right hand of God, the Father almighty; from thence he shall come to judge the living and the dead.

I believe in the Holy Spirit; the Holy Catholic Church; the communion of saints; the forgiveness of sins; the resurrection of the body; and life everlasting. Amen.

A Brief Act of Contrition

O my God, I am sorry for all my sins, because they displease thee, who art all-good and deserving of all my love. With thy help, I will sin no more. Amen.

A Longer Act of Contrition

O my God, I am heartily sorry for having offended thee, and I detest all my sins, because of thy just punishments, but most of all because they offend thee, my God, who art all-good and deserving of all my love. I firmly resolve, with the help of thy grace, to sin no more and to avoid the near occasions of sin. Amen.

Short Acts of Faith, Hope, and Love

O Jesus, I believe in you.

O Jesus, I hope in you.

O Jesus, I love you with all my heart.

An Act of Faith

O my God, I believe all the truths which the Holy Catholic Church teaches, because you have made them known.

An Act of Hope

O my God, because you are all-powerful, merciful, and faithful to your promises, I hope to be happy with you in heaven.

An Act of Love

O my God, because you are all-good, I love you with my whole heart and soul.

Morning Offering

O my God, I offer you every thought and word and act of today. Please bless the people of the whole world, especially my family and friends. And please, dear God, help me to be good today.

Daily Offering: Apostles of Prayer

Eternal and merciful Father, may my prayers, works, studies, joys, and sufferings help to restore all things in Christ. Alive with his spirit and yours I offer them with the Eucharistic Sacrifice for the intentions of the Sacred Heart of Jesus and the Immaculate Heart of Mary, especially the sanctification and salvation of every person and the reunion of Christians. I include also the intentions of all Apostles of Prayer, our bishops, and our Holy Father, and in particular _____ (the intention recommended for this month).

The Glory Be to the Father

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

The Blessing Before Meals

Bless us, O Lord, and these thy gifts which we are about to receive from thy bounty, through Christ our Lord. Amen.

Grace After Meals

We give thee thanks for all thy benefits, O almighty God, who livest and reignest forever. Amen.

May the souls of the faithful departed, through the mercy of God, rest in peace. Amen.





THE HAIL MARY

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

“Hail Mary, full of Grace; blessed art thou among women ...”

Original sin is not the only kind of sin. No, there is another kind of sin, called actual sin. Actual sin is any sin which we ourselves commit.

After the sin of Adam and Eve it was very hard to be good. Many of the people disobeyed God’s laws and had to be punished.

Some people tried to be good. They wanted to do everything that God asked. They prayed for the Savior to come.

After many years, the time came for God to send the Savior. The Savior was to be God the Son. He was to come into this world as a little baby. So God told the Angel Gabriel to go to Nazareth and ask Mary to be the Mother of the Savior.

Mary was the holiest woman that ever lived. She is called the Blessed Virgin Mary. The Blessed Virgin Mary was free from original sin. She was also free from every other sin. Her soul always had that great gift of sanctifying grace.

HAIL MARY

When the angel appeared to her, he said, “Hail, full of grace, the Lord is with thee; blessed art thou among women.” Grace makes the soul holy and pleasing to God. Mary’s soul was so holy and pleasing to God that the angel called her “full of grace”!

Of all the women of the world, God picked out Mary to be his Mother. That is why the angel said, “The Lord is with thee; blessed art thou among women.”

And so one of the Persons of the Blessed Trinity became man. Yes, the Second Person, the Son of God, became man. He became man to satisfy for the sins of all men and to help everybody to gain heaven. He came into this world to get back for us that great gift of sanctifying grace.



HOW MANY CAN YOU ANSWER?

69. Why did many of the people who lived after Adam and Eve sin?
70. What happened to the people who sinned?
71. Besides trying to be good, what did some of the people do?
72. Who was to be the Savior?
73. What did God tell the Angel Gabriel to do?
74. What did the angel say when he appeared to Mary?
75. Why did the angel call her “full of grace”?
76. Why did the angel say, “The Lord is with thee; blessed art thou among women”?

CAN YOU ALSO ANSWER THESE?

77. Did one of the Persons of the Blessed Trinity become man?
78. Why did God the Son become man?
79. Was anyone ever free from original sin?
80. Is original sin the only kind of sin?
81. What is actual sin?
82. What does grace do to the soul?

REVIEW QUESTIONS

- Is there only one God?
- How many Persons are there in God?
- What do we call the three Persons in one God?
- How do we know that there are three Persons in one God?

“And blessed is the fruit of thy womb, Jesus.”

After the angel returned to heaven, Mary went to see her cousin Elizabeth. The Holy Spirit let Saint Elizabeth know that Mary was the Mother of the Savior. Saint Elizabeth was the first one to say to Mary, “Blessed is the fruit of thy womb.”

After that Mary and Joseph had to go all the way to Bethlehem. When they got there, they could not find any place to stay. The people in the houses said, “There is no room.” So Mary and Joseph had to go into a poor stable.

In that poor stable the Savior was born. Angels told some shepherds all about it, and they went over to see him.

The little baby they saw was the Son of God made man. The name of the Son of God made man is Jesus Christ. He was named Jesus because “Jesus” means Savior. Jesus was born on the first Christmas Day, more than nineteen hundred years ago.

The Mother of Jesus is the Blessed Virgin Mary. In the Hail Mary we say to her, “Blessed is the fruit of thy womb, Jesus.” These words mean blessed is your child, Jesus.



HOW MANY CAN YOU ANSWER?

83. Where did Mary go after the angel returned to heaven?
84. What did the Holy Spirit let Saint Elizabeth know?
85. Who was the first to say to Mary, “Blessed is the fruit of thy womb”?
86. After Mary came back from Elizabeth’s house, where did she and Joseph have to go?
87. What happened when they got to Bethlehem?
88. Why did Mary and Joseph go into a poor stable?
89. Where was the Savior born?
90. What did the angels do?
91. Why was the Savior named Jesus?
92. What do these words mean: “Blessed is the fruit of thy womb, Jesus”?

CAN YOU ALSO ANSWER THESE?

93. What is the name of the Son of God made man?
94. When was Jesus born?
95. Who is the Mother of Jesus?

REVIEW QUESTIONS

- Did one of the Persons of the Blessed Trinity become man?
- Why did God the Son become man? Was anyone ever free from original sin?
Is original sin the only kind of sin?
- What is actual sin?
- What does grace do to the soul?